



TEN TIPS FOR HELPING YOUR FRIEND WITH CANCER



1. BE POSITIVE :

There is much optimism in dealing with cancer today. A cancer diagnosis need not be a moment of crisis or a point of no return. Let us not assume death or suffering as mainstay of cancer patients. Your friend with cancer needs your strong support and firm self belief. The overall median survival of most of our patients shows marked improvement as compared to baseline reported median survival. This may often stand manifold of the rate, claimed by modern medicines. Post Rasayan treatment, many patients have returned to their normal living.

2. PAY ATTENTION :

Your friend with cancer needs to share and let out his pent up feelings. Give attention to the repressed feelings and respond. Keep in touch and subsequent visits seal the fact that you really care. RASAYU CANCER CLINIC understands this and responds to their feelings with sensitivity. RASAYU CANCER CLINIC has numerous survival stories to inspire the patients. FACT- G PARAMETERS is a globally acclaimed method to evaluate the quality of living of recuperating cancer patient. RASAYU CANCER CLINIC adheres to this set of international standards of quality living.

3. TEARS ARE FINE :

Tears help to pour out feelings and anguish of cancer. On the contrary holding back tears can lead to many ailments – psychological as well as physical. Crying helps to lessen the pain, increase acceptance of the problem at hand and work proactively towards overcoming it. Give them that shoulder to cry on. Keeping this in mind RASAYU CANCER CLINIC professionals treat patients with utmost sensitivity.

4. CANCER AFFECTS THE ENTIRE FAMILY :

Cancer patients are uncomfortable for causing trouble to the family members because of their disease. Some relief to the family by sharing some time, some work or errands of the care givers helps the patients. Modern treatment of cancer demands hospitalization and opportunistic management which forces attendance of the family. Fortunately RASAYU CANCER CLINIC offers treatment that can be administered at home. The familiar ambience is therefore maintained and the unease of the hospital environment and painful treatment is nullified.



5. LOVE AND SUPPORT :

Cancer patient is not to be pitied. Pity deflates morale. Family and friends should provide strength and support to overcome the disease and celebrate life. RASAYU CANCER CLINIC therapy works not only on the disease but also act on the mind to increases its strength to fight back cancer. Patience and perseverance are important virtues in the fight against cancer and it is groomed if found lacking. RASAYU CANCER CLINIC's approach always is patient centric keeping in mind the contribution of the family which is vital for the patient's improvement and to lessen stress on the caretakers.

6. PRAY FOR YOUR FRIEND WITH CANCER :

Prayers open new channels of healing. Belief in God helps reduce agitation of the mind and brings in peace and calm. Peaceful mind finds practical means to find a way out of situations; agitated mind cannot. Naturally, when the mind is healed, it performs better and speeds up healing. However, the help that you offer is by far more precious and that coupled with RASAYU CANCER treatment can probably overcome the worst scenarios in cancer.

7. SPECIFIC HELP :

Do not say "Call me anytime "if you don't mean it. Be more specific as to how and when you could help." I could bring lunch or tea or run an errand at a certain time" makes sense. RASAYU CANCER CLINIC doctors provide personal phone numbers to the patients in case of any emergency or address queries at all times. RASAYU CANCER CLINIC suggests menus and recipes for patients to fulfill and even improve appetite.

8. CHOICE OF WORD :

Do not hesitate to utter the word cancer in front of the patient; it is not taboo to use the word. The more it is used less it hurts. Be a part of the decision making process for your friend. Try and avoid taking decisions on his behalf. RASAYU CANCER CLINIC helps patients to take well informed decision about the choice of their treatment.

9. SHORT VISITS AND BRIEF PHONE CALLS :

Brief visits and short phone calls from friends help to elevate moral. Pay a visit, make brief phone calls to express love, care and concern.

10. **SIMPLY CALL RASAYU CANCER CLINIC :**

RASAYU CANCER CLINIC's phone numbers are – 020 24532525 OR 020 24537149. Every person with cancer deserves to have a friend who has been there earlier. RASAYU CANCER CLINIC has trained volunteers to know how to help. Call up these numbers for more assurance.

HOW RASAYU CANCER CLINIC HELPS

- Connects you to a survivor with similar type of cancer.
- Allows you to talk freely and openly about experiences, side effects, concerns.
- Available to most type of patients at various stages of cancer.
- Connects your loved ones to our experienced doctors.
- Helps you open a window of hope after a diagnosis of cancer.
- Helps you with CARE!! COMFORT!!! CONFIDENCE....!!!!

RASAYU CANCER CLINIC

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